

IDEAS FOR A SUSTAINABLE CITYBREAK IN LYON

DAY 1 - HISTORIC HERITAGE IN THE HEART OF LYON

MORNING: FOURVIÈRE AND VIEUX-LYON - UNESCO



GUIDED TOUR FROM FOURVIÈRE TO VIEUX-LYON

2-hour guided tour on foot

Hop into the cable car to start at Fourvière Esplanade. This walking tour with a local guide will take you back through 2,000 years of history in Lyon. Visit the Roman theatres and relive the foundation of Lugdunum in 43 BC. Cross the threshold of the Basilica of Notre Dame de Fourvière, an iconic monument in the city, and walk through the Rosary Gardens to the narrow Renaissance alleyways in Vieux-Lyon, where you'll get to see Saint Jean Cathedral and the district's famous traboules (passageways).

A guided rooftop tour of the basilica is also possible!

from the other side of the decor to the exceptional view, visit behind-the-scenes of the basilica. *1h30, you will have to climb 345 stairs.*

LUNCH in one of Lyon's certified Bouchons (traditional Lyon restaurants) which provides respect of the tradition, fresh and local produces prepared on-site and a typical Lyonnais atmosphere.

AFTERNOON: THE PRESQU'ILE - UNESCO



A FOOD TOUR IN THE PRESQU'ILE

As the 'Capital of Gastronomy', Lyon is perhaps best explored through its cuisine. Offering chances to meet the food producers or chefs while enjoying culinary experiences, Lyon's food tours are a mouth-watering prospect! A great opportunity to meet passionate who are passing on their knowledge of the culinary tradition of the city.

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DISCOVER LYON FROM THE RIVER – LES BATEAUX LYONNAIS COMPANY

Embark an electric boat and discover the city's symbolic monuments from another angle. Admire the Basilica of Notre-Dame de Fourvière, be surprised by the bold architecture of the Confluence area and escape as you behold Ile Barbe, a genuine oasis of greenery at the gateway to the city.

You want to see more?

Head for the left bank of the Rhône to discover the Musée Lumière

On the site on which cinematography was born, the museum presents the story of the Lumière Brothers' inventions in the Château Lumière, the home of Antoine, father of the two famous inventors. A unique museum you will only see in Lyon!

Accessible with public transport with a Lyon City Card.

DINNER in one of Lyon's leading restaurants (selection of restaurants with a label or committed chefs on request)

DAY 2 - GOURMET FOOD AND THE HISTORY OF SILK

MORNING: LES HALLES PAUL BOCUSE



Make the most of the morning's activity to discover the temple of gastronomy: cheeses, cold meats, wines, sweets and desserts will take you to the heart of Lyon's culinary tradition. Fifty carefully selected producers, all contributing to Lyon's reputation as the "World Capital of Gastronomy"! A session tasting specialities from Lyon can be organised in Les Halles named after the great Paul Bocuse.

LUNCH in les Halles at a local producer's shop

AFTERNOON: THE CROIX-ROUSSE DISTRICT - **UNESCO**

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GUIDED TOUR OF THE TRABOULES IN THE CROIX-ROUSSE DISTRICT

2-hour guided tour on foot

Walk in the footsteps of Lyon's former silk workers (known as the Canuts) and scour the traboules in the Croix-Rousse district as you discover the history of silk in Lyon. From the district's urban development during the 19th century to the invention of the Jacquard weaving loom, relive the times when 30,000 weavers were to be heard working on their weaving looms throughout the city, and admire their unique know-how.

This tour can also be adapted to limit the number of steps and stairs.

SILK WORKSHOP

Discover Lyon most famous know-how and visit a silk workshop. Silk has shaped Lyon's history and traditional silk-weaving techniques are preserved and passed down to future artisans by several workshops.

You want to see more?

Discover Lyon's murals: an unusual aspect of the city

Down a street, in a square, round the city centre or out in the suburbs, more than a hundred frescos cover the walls in Lyon and retrace its history. Discover this heritage during a guided or a self-guided tour!

DINNER in a restaurant committed to a sustainable label and approach.

DAY 3 - PARKS AND MODERN LIFE

MORNING: TÊTE D'OR PARK AND THE CITE INTERNATIONALE



Tête d'Or Park, created in 1857, is the heart and soul of Lyon. With its botanical garden, huge greenhouses, lake, zoo and rose garden, it is the ideal place for the locals to enjoy a Sunday walk. The contemporary district of Cité Internationale, located between the park and the Rhône, was created by the architect Renzo Piano between 1992 and 2006.

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EBIKE TOUR OF THE CITY

Thanks to electric bicycles, you can set off with a guide to admire Lyon with absolutely no effort. Along the Rhône and Saône river or for a panoramic guided tour of the city with the hills of Fourvière and Croix-Rousse, discover Lyon in a fun and original way!

LUNCH in a restaurant serving a local and made with fresh products cuisine

AFTERNOON: THE CONFLUENCE DISTRICT



GUIDED TOUR OF THE CONFLUENCE DISTRICT

2-hour guided tour on foot

Discover the history of this former industrial district, which has since been turned into an eco-district and a district where ideas about the cities of the future are tried out. Walk along the banks of the Saône and admire the old and now renovated buildings in Port Rambaud built by some of the greatest international architects (Jean Nouvel, Herzog and de Meuron, and Christian de Portzamparc, etc.). You're sure to be surprised by the shapes, materials and colours of these contemporary buildings.

SELF-GUIDED TOUR OF THE MUSEE DES CONFLUENCES (Museum of Mankind and Life)

Built by the Austrian agency Coop Himmelb(l)au, and inaugurated in 2014, the four permanent exhibition halls in the Musée des Confluences will take you on a voyage through the history of Mankind. In this futuristic building, travel back to the time of the dinosaurs, learn all about the different species, and go to the heart of human inventions and beliefs.

Accessible with public transport with a Lyon City Card.

You want to see more?

Discover the banks of the Saône and the banks of the Rhône

Lyon is a city characterised by its two rivers, which is why the city has now chosen to make the banks of the Saône and the banks of the Rhône accessible to the public. Take a walk or ride a bike along the safe and specially adapted riverside routes to see the city and its monuments from a different perspective.

DINNER in a gastronomic vegetarian restaurant

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