

## 3 DAYS IN LYON AS A FAMILY

### DAY 1 - HISTORIC HERITAGE IN THE HEART OF LYON

#### MORNING: FOURVIÈRE AND VIEUX-LYON - UNESCO



#### FOURVIÈRE AND VIEUX-LYON (Guided or unguided visit)

Take the funicular to discover the view over Lyon and the richness of Fourvière Basilica! Relive the foundation of Lugdunum, in 43 BCE, as you explore the Roman theatres. At the foot of the hill, stroll through the narrow Renaissance streets of Vieux-Lyon (Old Lyon) and open doors to find the famous *traboules*, hidden passageways linking streets between buildings.

**LUNCH** in one of Lyon's certified Bouchons (traditional Lyon restaurants)

#### AFTERNOON: A FUN MUSEUM



#### MUSÉE MINIATURE ET CINÉMA

In the city where cinema was invented in the nineteenth century, the amazing Museum of Miniatures and Cinema exhibits collections of objects from film sets and fascinating miniature models. See how you measure up to the Alien Queen, admire the costumes of your super heroes and discover how special effects are created. The miniatures offer an immersion in hyper-realistic scenes, painstakingly made by talented artists.

#### PUPPET SHOW

Created in Lyon by Laurent Mourguet at the beginning of the nineteenth century, the puppet known as Guignol has commented on local news for centuries. Today familiar to all French children, Guignol and his companion Gnafron welcome you with their arms wide open for shows in their city of birth!

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**OR**

#### PUPPETRY MUSEUM

Located in Lyon's largest Renaissance building, this museum looks back at the history of puppets from around the world, with its immersive and fun exhibition trail! Puppets from Japan, India and Indonesia, as well as modern characters, await kids and adults, who are invited to hold and try out the puppets.

### **DAY 2 – GASTRONOMY AND MODERNITY**

#### **MORNING:** A GOURMET EXPERIENCE



#### CITE INTERNATIONALE OF GASTRONOMY

Located in the historic Grand Hôtel-Dieu, the Cité Internationale de la Gastronomie (International City of Gastronomy) takes children and adults on a gastronomic journey as they discover the culinary traditions of France and elsewhere. Designed for a young audience, the "MiamMiam" (Yum-yum!) space raises children's and parents' awareness of food, in a fun and colourful atmosphere! Temporarily closed at the time of writing, please contact ONLYLYON Tourism for more information.

**OR**

#### COOKERY CLASSES OR TASTINGS AS A FAMILY

In the Capital of Gastronomy, cuisine and the pleasures of eating can be experienced as a family. Cookery workshops for the whole family offer an opportunity to get together and enjoy food. Share the delicious experience of a sweet-tasting session or lollipop-making workshop.

**LUNCH** at the Halles du Grand Hôtel-Dieu

#### **AFTERNOON:** RIVERS AND CONFLUENCE



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### A WALK ALONG THE BANKS OF THE RHÔNE TO THE MUSÉE DES CONFLUENCES

With two rivers running through it, Lyon has developed the banks of the Rhône and Saône for its residents. A walk or bike ride along the banks offers a safe and different way to discover the city's monuments.

### SELF-GUIDED TOUR OF THE MUSEE DES CONFLUENCES

This museum offers a journey through the history of humanity with its four permanent exhibitions. In a futuristic building, you can go back to the time of the dinosaurs, explore various species, learn about human inventions and discover the beyond. Children will be amazed by the mammoth and whale skeletons!

### RIVER CRUISE (duration: 1 hr)

See Lyon from the rivers Rhône and Saône, from the colourful façades of Vieux-Lyon (Old Lyon) to the amazing shapes of the Confluence district's contemporary architecture! Depending on which cruise you take, you will go past Île Barbe and its Romanesque abbey, or the Confluence where the rivers Rhône and Saône meet.

## DAY 3 – A DIFFERENT PERSPECTIVE

### MORNING: EXPLORATION AND MINIATURE



### MINI WORLD

At Mini-World, on the outskirts of Lyon, small is beautiful! Its three worlds feature many amusing and amazing details, from the mountain to the countryside and the city. See the streets and buildings of Lyon in the Mini-Lyon world, which lights up beneath your eyes, showing the main light shows from previous years of the Fête des Lumières (Festival of Lights).

### OR

### AN ACTIVE WAY TO EXPLORE LYON

There are many safe routes to discover Lyon and its hills on an electric bike or Segway, and see its monuments from a different perspective. Enjoy an adrenaline-filled experience in Lyon, with a tree-climbing adventure course, a climbing lesson or a free fall simulation.

A classic **LUNCH** or picnic at Tête d'Or Park

### AFTERNOON: PARK OR CROIX-ROUSSE HILL





#### DISCOVERY OF TÊTE D'OR PARK

With its lake, botanical garden and rose garden, Tête d'Or Park is Lyon's green lung. Very popular with children in Lyon, its free zoo offers a chance to see giraffes, zebras and monkeys in the heart of the city! It is also an ideal spot for a picnic or afternoon snack.

#### LYON CITY TRAM, discover Croix-Rousse hill

This little red train climbs the slopes of Croix-Rousse hill for a one-hour discovery tour of the district where Lyon's silk workers once lived and worked. Along the route, there is a photo stop in front of the painted wall of the *Canuts* (Lyon's former silk workers) to pose in front of one of Europe's largest trompe l'oeils. You can continue your exploration with a visit to a former *Canut* silk-weaving workshop.

#### OTHER IDEAS FOR FAMILY OUTINGS

**The Aquarium of Lyon:** Kids and adults can discover the depths of the sea and a shark pool at the Aquarium, located at the confluence of the Rhône and Saône.

**The Planetarium:** With exhibitions, workshops and screenings, the Planetarium takes you to the stars!

**Tours of the Groupama Stadium and the OL Museum:** Discover the history and behind the scenes of the local football team Olympique Lyonnais. These tours are recommended for football fans or anyone curious.

**Lyon Tuk Tour:** This six-seater electric Tuk-Tuk offers an effortless one or two-hour tour of Lyon accompanied by a guide.